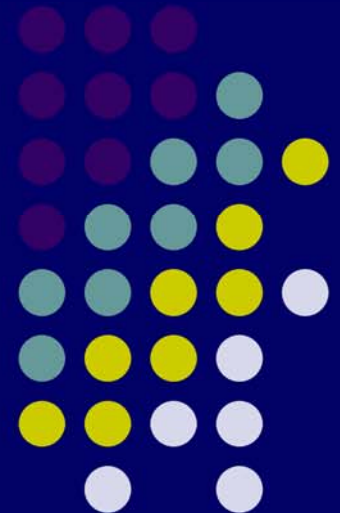
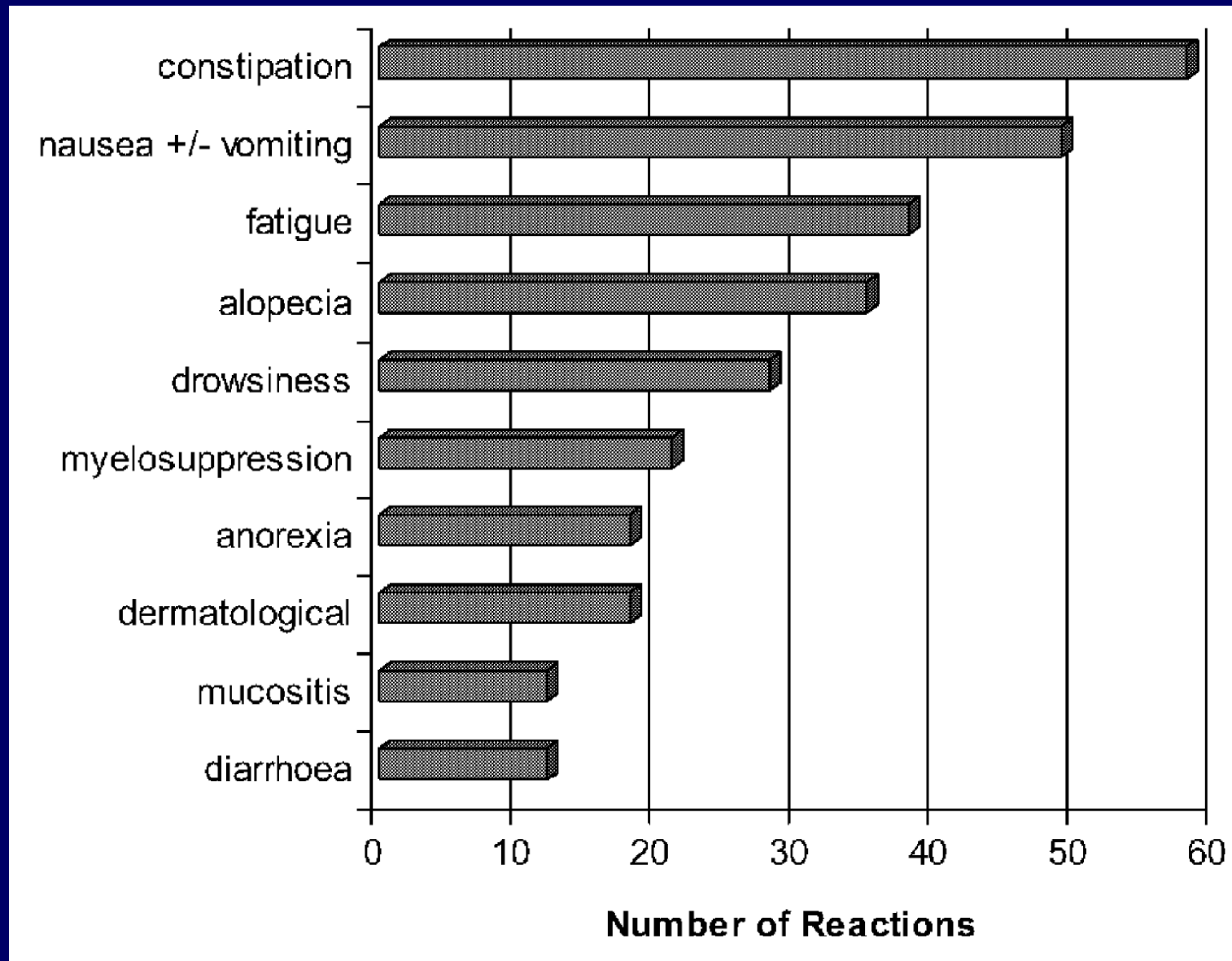


Quadruplet regimen for CINV in HEC

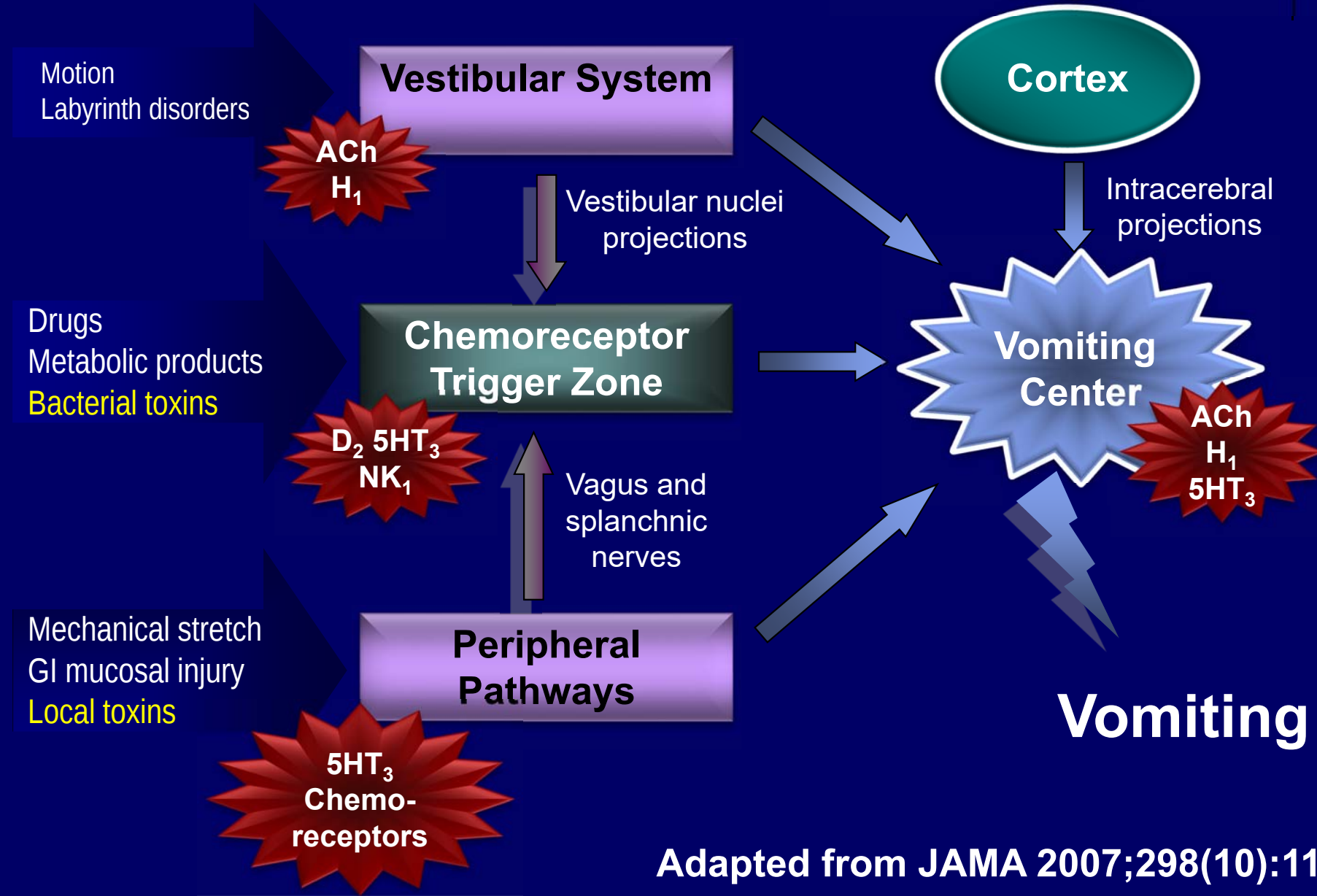
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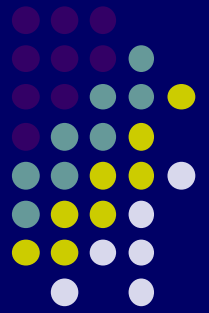


The ten most common adverse drug reactions (ADRs) in oncology patients: do they matter to you?



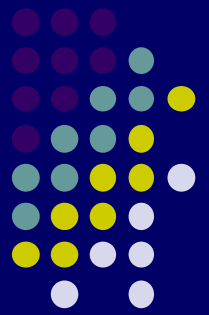
Pathophysiology





Classes of Antiemetic Agents

- Serotonin Antagonists
- NK₁ Receptor Antagonist (i.e. Aprepitant)
- Dopamine antagonists
 - Metoclopramide
 - Phenothiazines (i.e. Prochloroperazine)
 - Butyrophenones (i.e. Haloperidol)
 - Olanzapine
- Corticosteroids
- Benzodiazepines
- Cannabinoids (i.e. Marinol®)



Definition

Pharmaceutical care

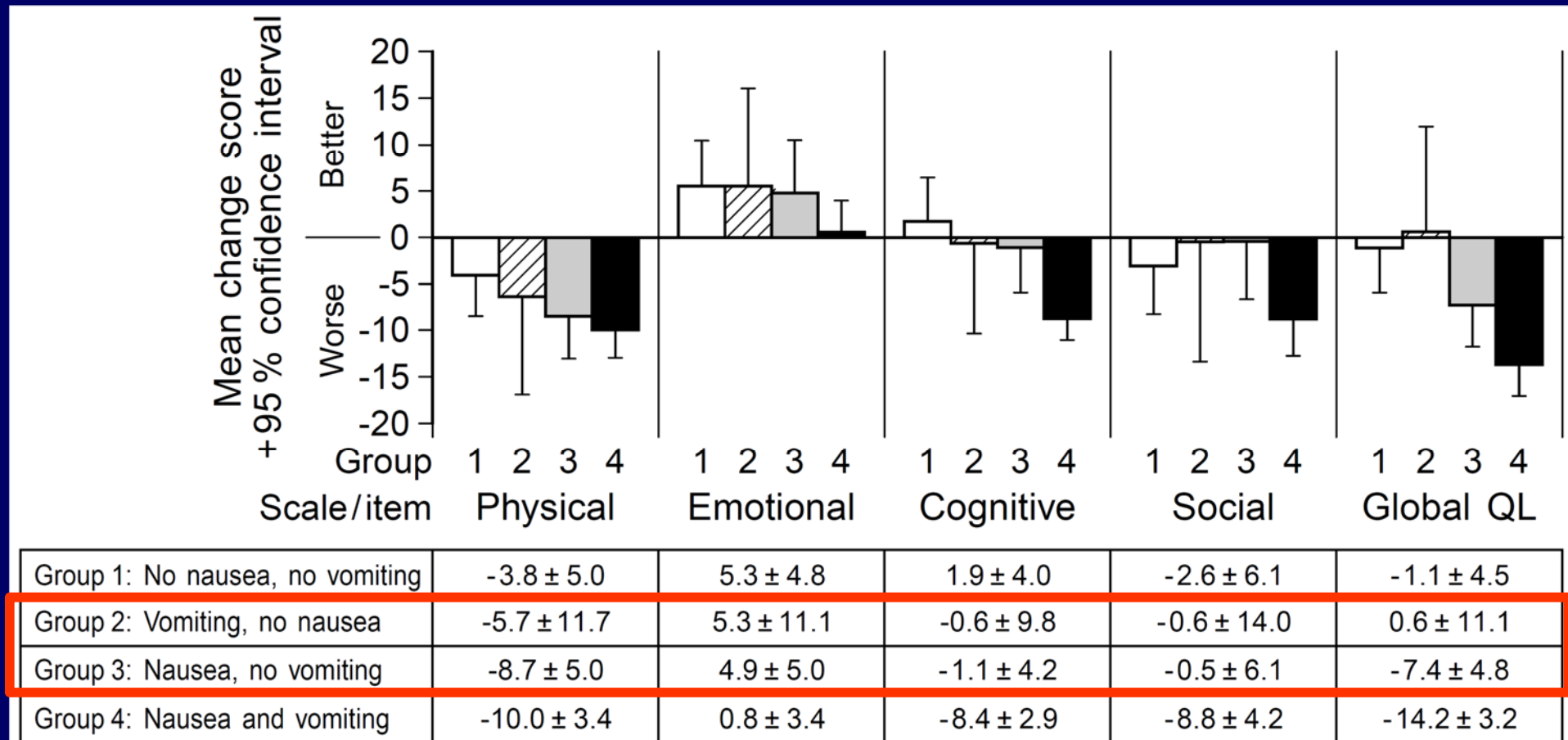
- **American Society of Health-System Pharmacists (1992)**
 - **The mission of the pharmacist** is to provide pharmaceutical care
 - Pharmaceutical care is the direct, responsible provision of medication-related care for the propose of achieving definite outcome that **improve a patient 's quality of life**

N/V and QOL

Prospective study design

Effect of postchemotherapy nausea and vomiting on health-related quality of life

- 832 chemotherapy patients (HEC and MEC)
- EORTC (QLQ-C30)



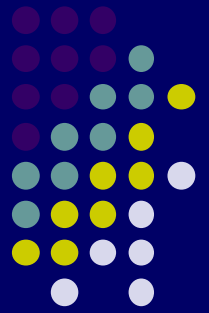
Evolution of CINV outcome

No emesis

Complete response
(no emetic + no use of
rescue medication)

No nausea

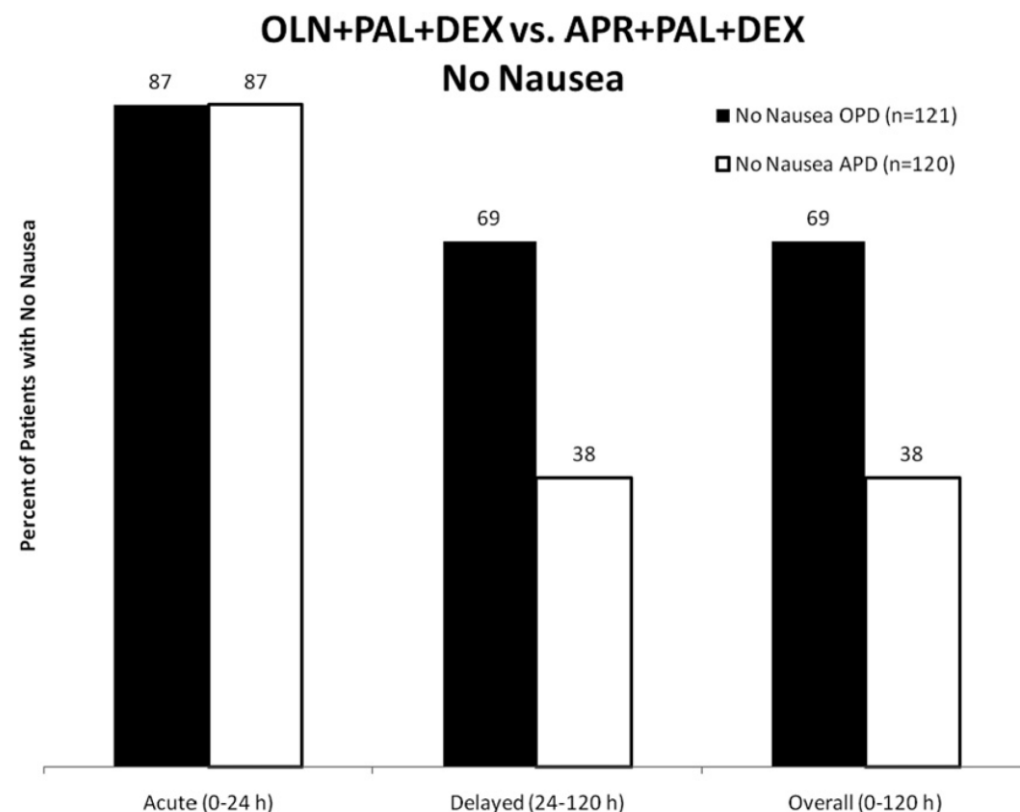
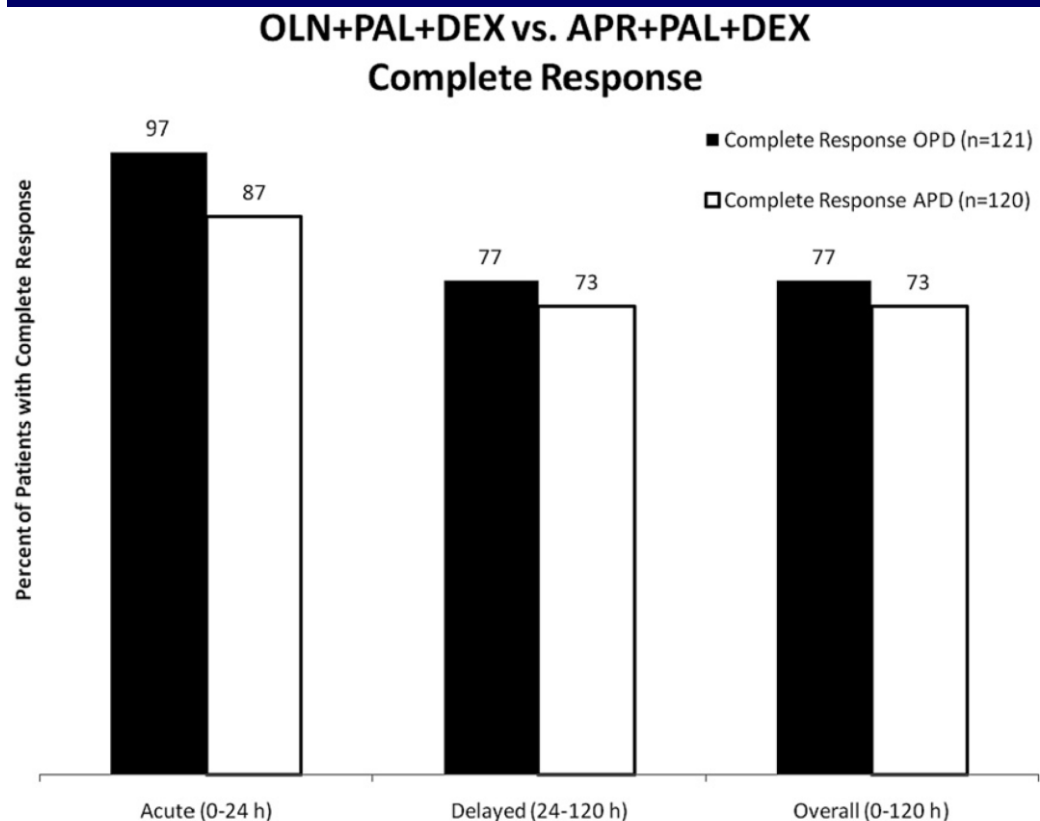
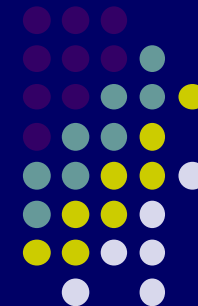
Complete control
(complete response + no
more than mild nausea)



Olanzapine versus aprepitant for prevention CINV

- Phase III, Randomised, open label
- 241 patients with HEC (including AC)
- Compare
 - Olanzapine 10 mg/d (D1-4) + Palonosetron 0.25 mg IV (D1) + Dexamethasone 20 mg IV (D1)
 - Aprepitant 125 mg (D1) then 80 mg (D2-3) Palonosetron 0.25 mg IV (D1) + Dexamethasone 12 mg IV (D1) then 4 mg bid (D2-4)
- Outcome
 - Complete response (no emetic, no rescue medication)

Olanzapine versus aprepitant for prevention CINV



NS for all CR

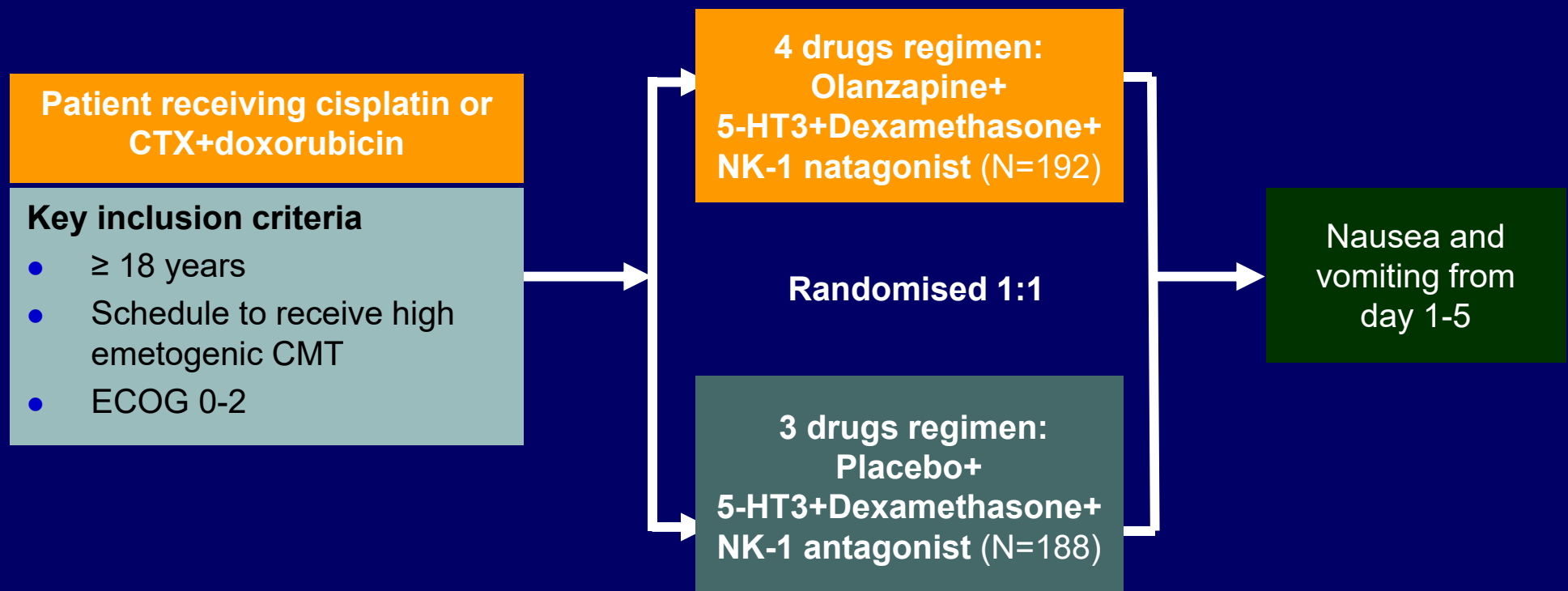
**P<0.05 for delayed
and overall nausea**

Olanzapine prevent CINV

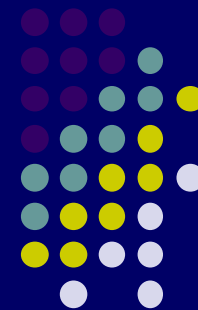
Phase 3, double-blind study design

Olanzapine for the Prevention of Chemotherapy-Induced Nausea and Vomiting

Rudolph M. Navari, M.D., Rui Qin, Ph.D., Kathryn J. Ruddy, M.D., Heshan Liu, Ph.D., Steven F. Powell, M.D., Madhuri Bajaj, M.D., Leah Dietrich, M.D., David Biggs, M.D., Jacqueline M. Lafky, M.S., and Charles L. Loprinzi, M.D.



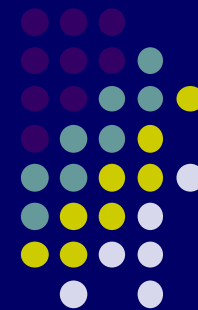
- Primary endpoint: No nausea
- Secondary endpoint: complete response



Olanzapine for CINV prevention

Table 2. Primary End Point According to Study Group.

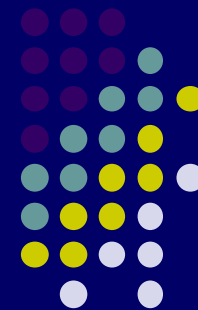
Variable	Olanzapine (N = 192)	Placebo (N = 188)	Total (N = 380)	P Value*	Adjusted P Value†
number/total number (percent)					
0–24 hr after chemotherapy					
No nausea	135/183 (73.8)	82/181 (45.3)	217/364 (59.6)	<0.001	0.002
Nausea	48/183 (26.2)	99/181 (54.7)	147/364 (40.4)		
25–120 hr after chemotherapy					
No nausea	75/177 (42.4)	45/177 (25.4)	120/354 (33.9)	0.001	0.002
Nausea	102/177 (57.6)	132/177 (74.6)	234/354 (66.1)		
0–120 hr after chemotherapy					
No nausea	66/177 (37.3)	39/178 (21.9)	105/355 (29.6)	0.002	0.002
Nausea	111/177 (62.7)	139/178 (78.1)	250/355 (70.4)		



Olanzapine for CINV prevention

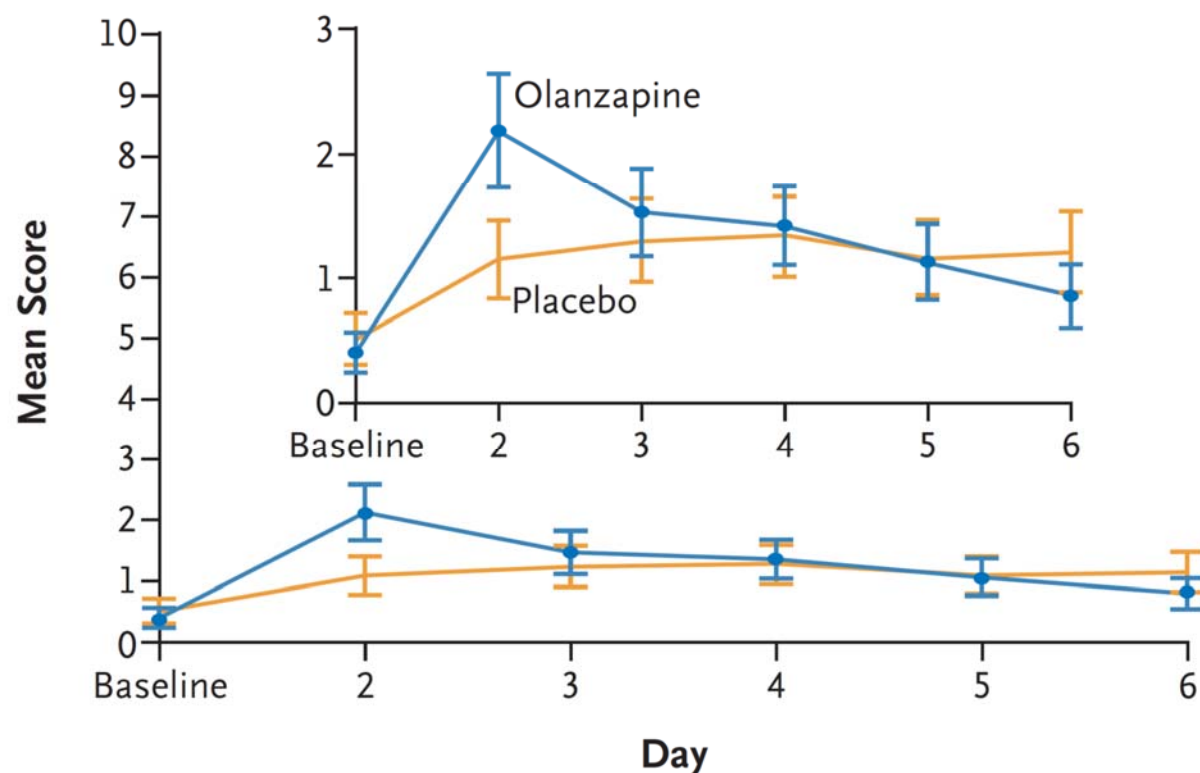
Table 3. Complete Response According to Study Group.*

Complete Response	Olanzapine (N=192)	Placebo (N=188)	Total (N=380)	Odds Ratio†	P Value‡	Adjusted P Value§
<i>number/total number (percent)</i>						
0–24 hr after chemotherapy				0.30		
No	26/182 (14.3)	64/181 (35.4)	90/363 (24.8)			
Yes	156/182 (85.7)	117/181 (64.6)	273/363 (75.2)		<0.001	<0.001
25–120 hr after chemotherapy				0.55		
No	54/163 (33.1)	80/168 (47.6)	134/331 (40.5)			
Yes	109/163 (66.9)	88/168 (52.4)	197/331 (59.5)		0.007	0.007
0–120 hr after chemotherapy				0.39		
No	59/162 (36.4)	101/170 (59.4)	160/332 (48.2)			
Yes	103/162 (63.6)	69/170 (40.6)	172/332 (51.8)		<0.001	<0.001



Olanzapine for CINV prevention

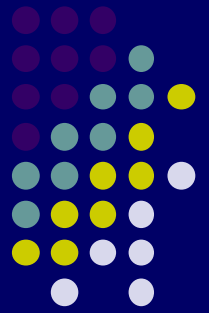
A Undesired Sedation



No. at Risk

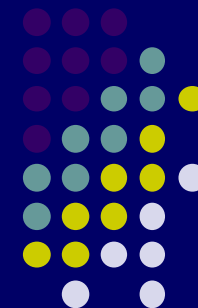
Olanzapine	190	181	182	179	179	175
Placebo	188	181	180	179	173	174

American Society of Clinical Oncology (ASCO)



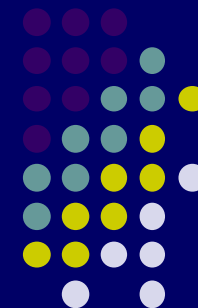
- Key recommendation
 - (Updated) Adult pts who are treated with HEC should be offered **FOUR drug combination**
 - (Updated) Adult pts who are treated with Anthracycline+Cyclophosphamide should be offered **FOUR drug combination**

Regimen for HEC



Emetic Risk Category	Dose on Day of Chemotherapy	Dose on Subsequent Days
High: Cisplatin and other agents		
NK ₁ receptor antagonist		
Aprepitant	125 mg oral	80 mg oral on days 2 and 3
Fosaprepitant	150 mg IV	
Netupitant-palonosetron	300 mg netupitant/0.5 mg palonosetron oral in single capsule (NEPA)	
Rolapitant	180 mg oral	
5-HT ₃ receptor antagonist*		
Granisetron	2 mg oral or 1 mg or 0.01 mg/kg IV or 1 transdermal patch or 10 mg subcutaneous	
Ondansetron	8 mg oral twice daily or 8 mg oral dissolving tablet twice daily or three 8 mg oral soluble films or 8 mg or 0.15 mg/kg IV	
Palonosetron	0.50 mg oral or 0.25 mg IV	
Dolasetron	100 mg oral only	
Tropisetron	5 mg oral or 5 mg IV	
Ramosetron	0.3 mg IV	
Dexamethasone		
If aprepitant is used †	12 mg oral or IV	8 mg oral or IV once daily on days 2-4
If fosaprepitant is used†	12 mg oral or IV	8 mg oral or IV on day 2; 8 mg oral or IV twice daily on days 3 and 4
If netupitant-palonosetron is used†	12 mg oral or IV	8 mg oral or IV once daily on days 2-4
If rolapitant is used	20 mg oral or IV	8 mg oral or IV twice daily on days 2-4
Olanzapine	10 mg oral	10 mg oral on days 2-4

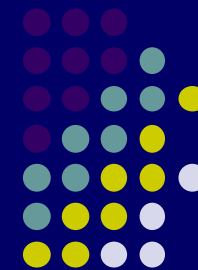
Regimen for Anthracycline+Cyclophosphamide



Emetic Risk Category	Dose on Day of Chemotherapy	Dose on Subsequent Days
High: Anthracycline combined with cyclophosphamide†		
NK ₁ receptor antagonist		
Aprepitant	125 mg oral	80 mg oral; days 2 and 3
Fosaprepitant	150 mg IV	
Netupitant-palonosetron	300 mg netupitant/0.5 mg palonosetron oral in single capsule (NEPA)	
Rolapitant	180 mg oral	
5-HT ₃ receptor antagonist*		
Granisetron	2 mg oral or 1 mg or 0.01 mg/kg IV or 1 transdermal patch or 10 mg subcutaneous	
Ondansetron	8 mg oral twice daily or 8 mg oral dissolving tablet twice daily or three 8 mg oral soluble films or 8 mg or 0.15 mg/kg IV	
Palonosetron	0.50 mg oral or 0.25 mg IV	
Dolasetron	100 mg oral only	
Tropisetron	5 mg oral or 5 mg IV	
Ramosetron	0.3 mg IV	
Dexamethasone		
If aprepitant is used†	12 mg oral or IV	
If fosaprepitant is used†	12 mg oral or IV	
If netupitant-palonosetron is used†	12 mg oral or IV	
If rolapitant is used	20 mg oral or IV	
Olanzapine	10 mg oral	10 mg oral on days 2-4

NCCN antiemesis guideline

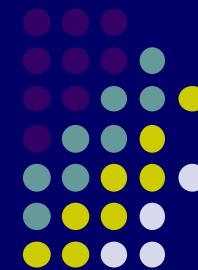
High emetic risk (including AC regimen)



Day 1	Day 2-4
NK-1 antagonist • Aprepitant 125 mg PO • Fosaprepitant 150 mg IV 5-HT3 antagonist • 1st gen • Palonosetron 0.25 mg IV Dexamethasone • 12 mg IV/PO • 20 mg IV/PO (w/o NK-1)	NK-1 antagonist • Aprepitant 80 mg D2-3 (omitted for fosaprepitant) Dexamethasone • 8 mg PO D2-4 (for aprepitant) • 8 mg PO D2 then 8 mg bid D3-4 (for fosaprepitant) • 8 mg bid (w/o NK-1)
Netupitant 300 mg PO Palonosetron 0.5 mg PO Dexamethasone 12 mg IV/PO	Dexamethasone 8 mg PO D2-4
Olanzapine 10 mg PO Palonosetron 0.25 mg IV Dexamethasone 20 mg PO	Olanzapine 10 mg PO D2-4

NCCN antiemesis guideline

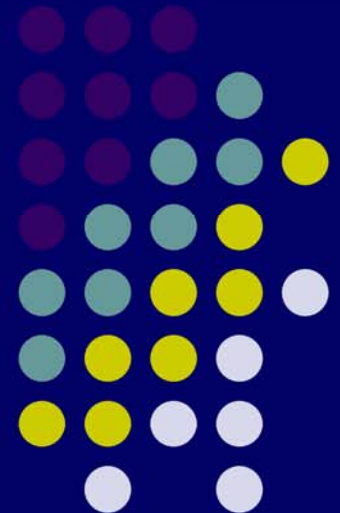
High emetic risk (including AC regimen)



Day 1	Day 2-4
Rolapitant 180 mg PO 5-HT3 antagonist • 1st gen • Palonosetron 0.25 mg IV Dexamethasone 12 mg PO/IV	Dexamethasone 8 mg bid PO D2-4
NK-1 antagonist • Aprepitant 125 mg PO • Fosaprepitant 150 mg IV 5-HT3 antagonist • 1st gen • Palonosetron 0.25 mg IV Dexamethasone • 12 mg IV/PO • 20 mg IV/PO (w/o NK-1) Olanzapine 10 mg PO	NK-1 antagonist • Aprepitant 80 mg D2-3 (omitted for fosaprepitant) Dexamethasone • 8 mg PO D2-4 Olanzapine 10 mg PO D2-4

Quadruplet regimen for CINV in HEC (Part 2)

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Grad dip in Pharmacotherapy
Faculty of pharmaceutical sciences
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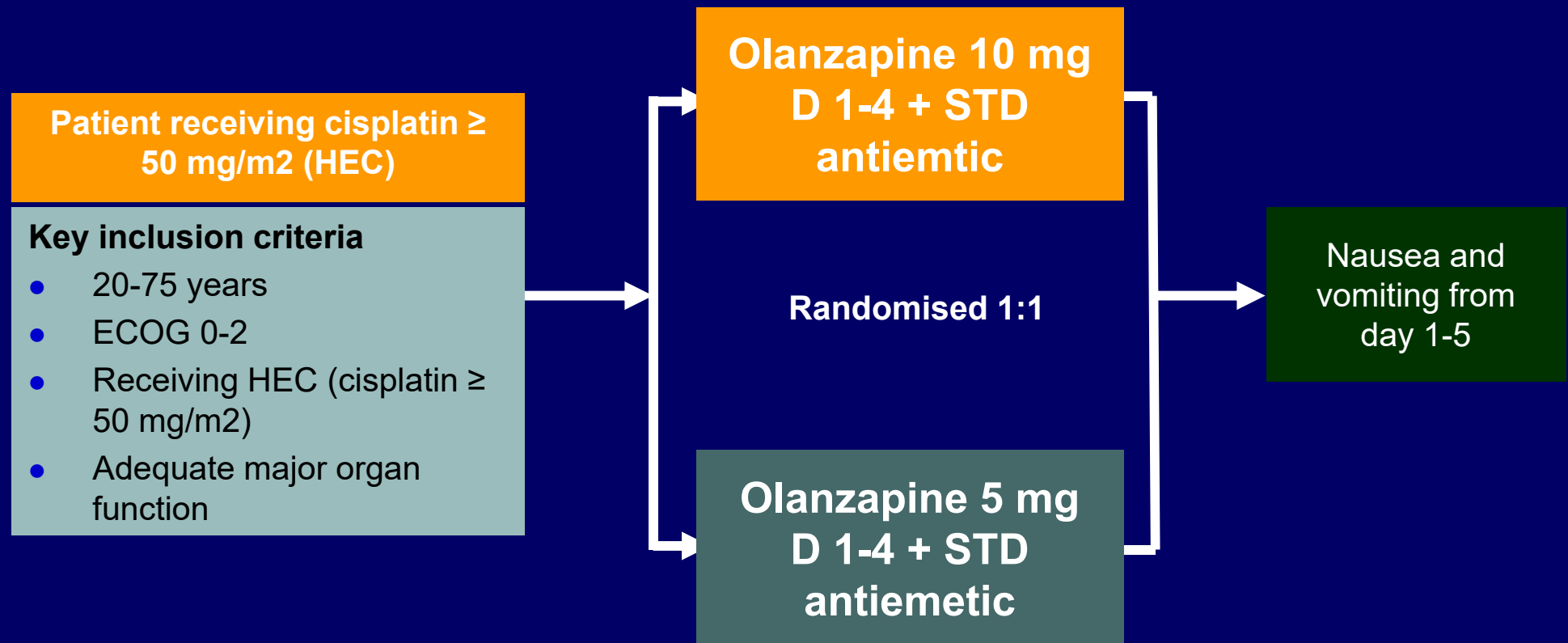


Olanzapine 10 vs 5 mg

Phase 2, double-blind study design

A double-blind randomized phase II dose-finding study of olanzapine 10 mg or 5 mg for the prophylaxis of emesis induced by highly emetogenic cisplatin-based chemotherapy

Takako Yanai¹ · Satoru Iwasa² · Hironobu Hashimoto¹ · Fumiyoshi Ohyanagi³ · Tomomi Takiguchi⁴ · Koji Takeda⁵ · Masahiko Nakao⁶ · Hiroshi Sakai⁷ · Toshiaki Nakayama⁸ · Koichi Minato⁹ · Takahiro Arai¹⁰ · Kenichi Suzuki⁴ · Yasuhiro Shimada¹¹ · Kengo Nagashima¹² · Hiroyuki Terakado¹ · Noboru Yamamoto⁷



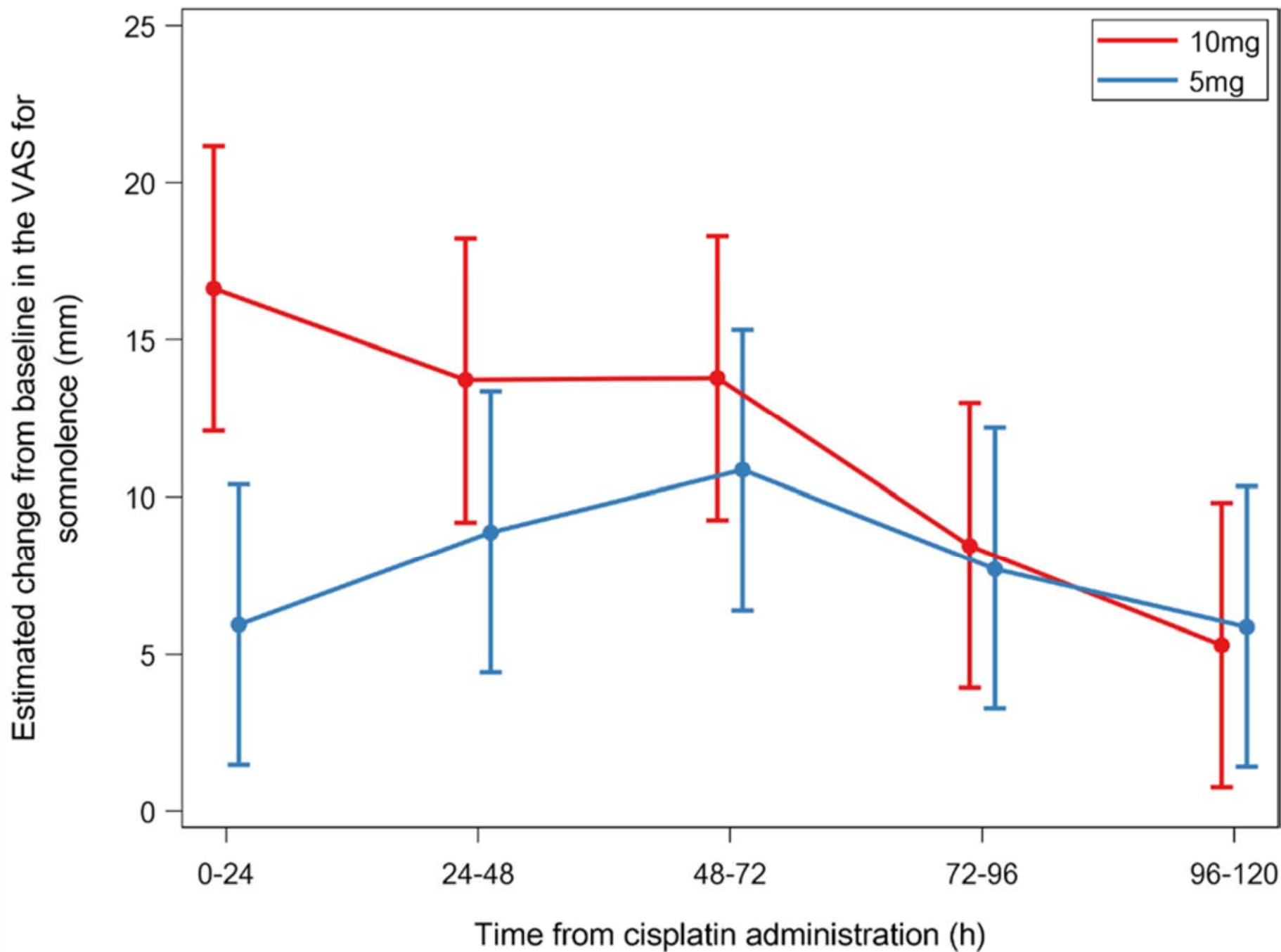
- Primary endpoint: Complete response in delayed phase
- Secondary endpoint: complete response (overall, acute), adverse event

	10 mg group (<i>n</i> = 76)				5 mg group (<i>n</i> = 77)			
	No.	%	80% C.I.	<i>P</i> value*	No.	%	80% C.I.	<i>P</i> value*
Complete response (24–120 h)	59	77.6	70.3–83.8	0.010	66	85.7	79.2–90.7	< 0.001
	10 mg group (<i>n</i> = 76)				5 mg group (<i>n</i> = 77)			
	No.	%	80% CI		No.	%	80% CI	
Complete response								
Acute phase	76	100.0	97.0–100.0		76	98.7	95.0–99.9	
Overall	59	77.6	70.3–83.8		66	85.7	79.2–90.7	
Complete control ^a								
Acute phase	75	98.7	95.0–99.9		76	98.7	95.0–99.9	
Delayed phase	59	77.6	70.3–83.8		64	83.1	76.3–88.5	
Overall	58	76.3	68.9–82.6		64	83.1	76.3–88.5	
Total control ^b								
Acute phase	68	89.5	83.5–93.8		71	92.2	86.7–95.9	
Delayed phase	47	61.8	53.9–69.3		50	64.9	57.1–72.2	
Overall	45	59.2	51.2–66.8		48	62.3	54.4–69.7	

Adverse events

	10 mg group (<i>n</i> = 75), no. (%)			5 mg group (<i>n</i> = 77), no. (%)		
	Grade 1	Grade 2	Grade 3	Grade 1	Grade 2	Grade 3
Somnolence	39 (52.0)	1 (1.3)	0 (0)	34 (44.2)	1 (1.3)	0 (0)
Constipation	7 (9.3)	3 (4.0)	2 (2.7)	10 (13.0)	4 (5.2)	1 (1.3)
ALT increased	7 (9.5)	2 (2.7)	0 (0)	8 (10.4)	0 (0)	0 (0)
Hiccups	6 (8.0)	0 (0)	0 (0)	3 (3.9)	0 (0)	0 (0)
Hyponatremia	5 (6.8)	0 (0)	1 (1.4)	3 (3.9)	0 (0)	1 (1.3)
Dry mouth	5 (6.7)	0 (0)	0 (0)	1 (1.3)	0 (0)	0 (0)
Hyperglycemia	3 (4.1)	0 (0)	0 (0)	4 (5.2)	0 (0)	0 (0)
Low Cl	2 (2.7)	0 (0)	0 (0)	1 (1.3)	0 (0)	0 (0)
Malaise	2 (2.7)	1 (1.3)	0 (0)	1 (1.3)	0 (0)	0 (0)
Fatigue	0 (0)	0 (0)	0 (0)	2 (2.6)	0 (0)	0 (0)

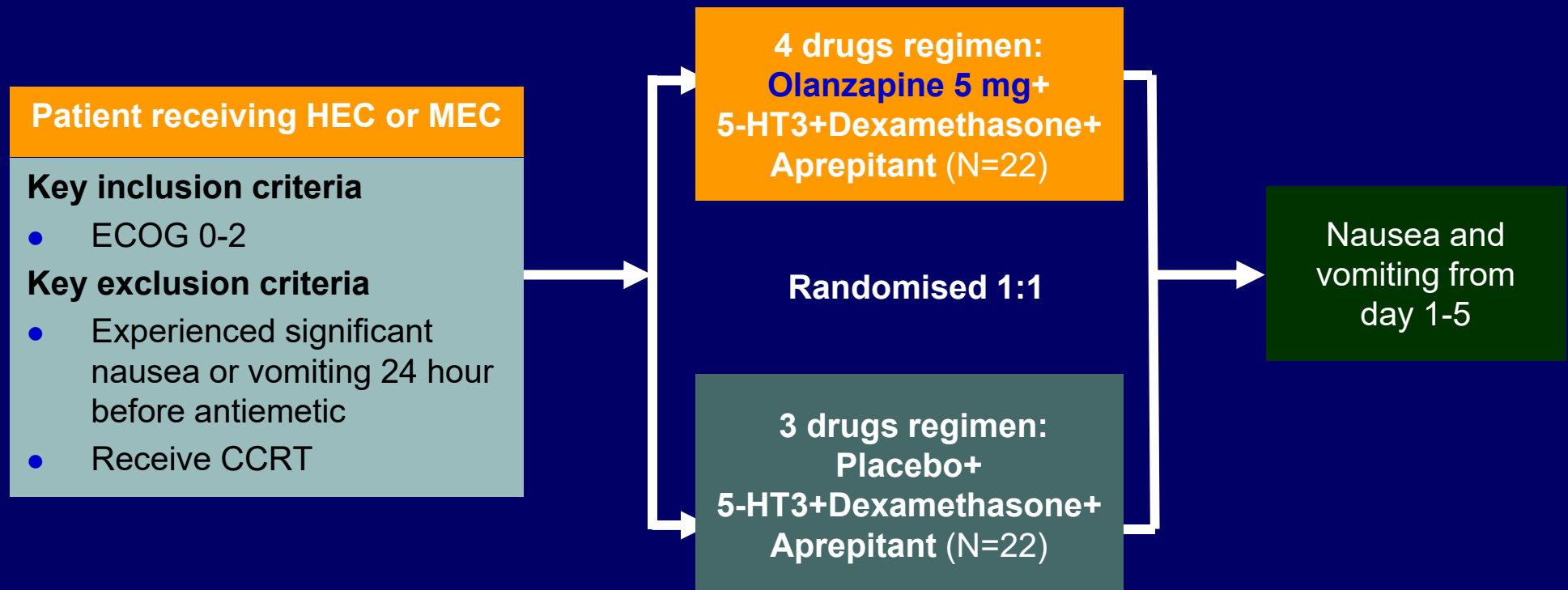
No grade 4 adverse events were observed in both groups



Olanzapine prevent CINV

Double-blind, randomized study design

Olanzapine for the Prevention of Chemotherapy-Induced Nausea and Vomiting in Patients Receiving Highly or Moderately Emetogenic Chemotherapy: A Randomized, Double-Blind, Placebo-Controlled Study



- Primary endpoint: Total control (No vomiting, No rescue med, Nausea $\leq$ 5/100 VAS)
- Secondary endpoint: QOL (FLI-E) (score 18-126; Lower is better), response

Antiemetic response

Efficacy Endpoints	OL Group, <i>n</i> (%)	Control Group, <i>n</i> (%)	<i>P</i> -Value	Odds Ratio (95% CI)
TC				
Acute phase	19 (86)	12 (55)	0.045 ^a	5.28 (1.20–23.17)
Delayed phase	14 (64)	5 (23)	0.014 ^a	5.95 (1.59–22.33)
Overall phase	13 (59)	5 (23)	0.031 ^a	4.91 (1.32–18.21)
Complete protection				
Acute phase	22 (100)	14 (64)	0.004 ^a	26.38 (1.41–493.2)
Delayed phase	19 (86)	11 (50)	0.022 ^a	6.33 (1.45–27.74)
Overall phase	19 (86)	10 (45)	0.009 ^a	7.60 (1.73–33.36)
Complete response				
Acute phase	22 (100)	19 (86)	0.233	8.08 (0.39–166.4)
Delayed phase	22 (100)	16 (73)	0.021 ^a	17.73 (0.93–337.5)
Overall phase	22 (100)	15 (68)	0.009 ^a	21.77 (1.16–410.1)

TC = total control; CP = complete protection; CR = complete response.

^a*P* < 0.05 vs. the control group.

Complete response (CR) = No vomiting, No rescue med
Complete protection (CP) = CR + Nausea ≤ 25/100 VAS
Total control (TC) = CR + Nausea ≤ 5/100 VASc

Patient-Reported Outcome

Estimation of Efficacy and Effect of Olanzapine on Day 6

Patient-Reported Outcome Measure	OL Group	Control Group	<i>P</i>
FLI-E score ^a	18 (18–20)	26 (20–40)	0.0004 ^c
VAS (mm) ^a			
Acute phase	0 (0–0)	0 (0–50)	0.0211 ^c
Delayed phase	0 (0–20)	20 (0–50)	0.0036 ^c
Satisfaction level ^a	5 (4–5)	3 (3–4)	<0.0001 ^c
Wish to use the drug in the next cycle as well ^b	20 (91)	14 (64)	0.0689

FLI-E = Functional Living Index-Emesis; VAS = visual analogue scale.

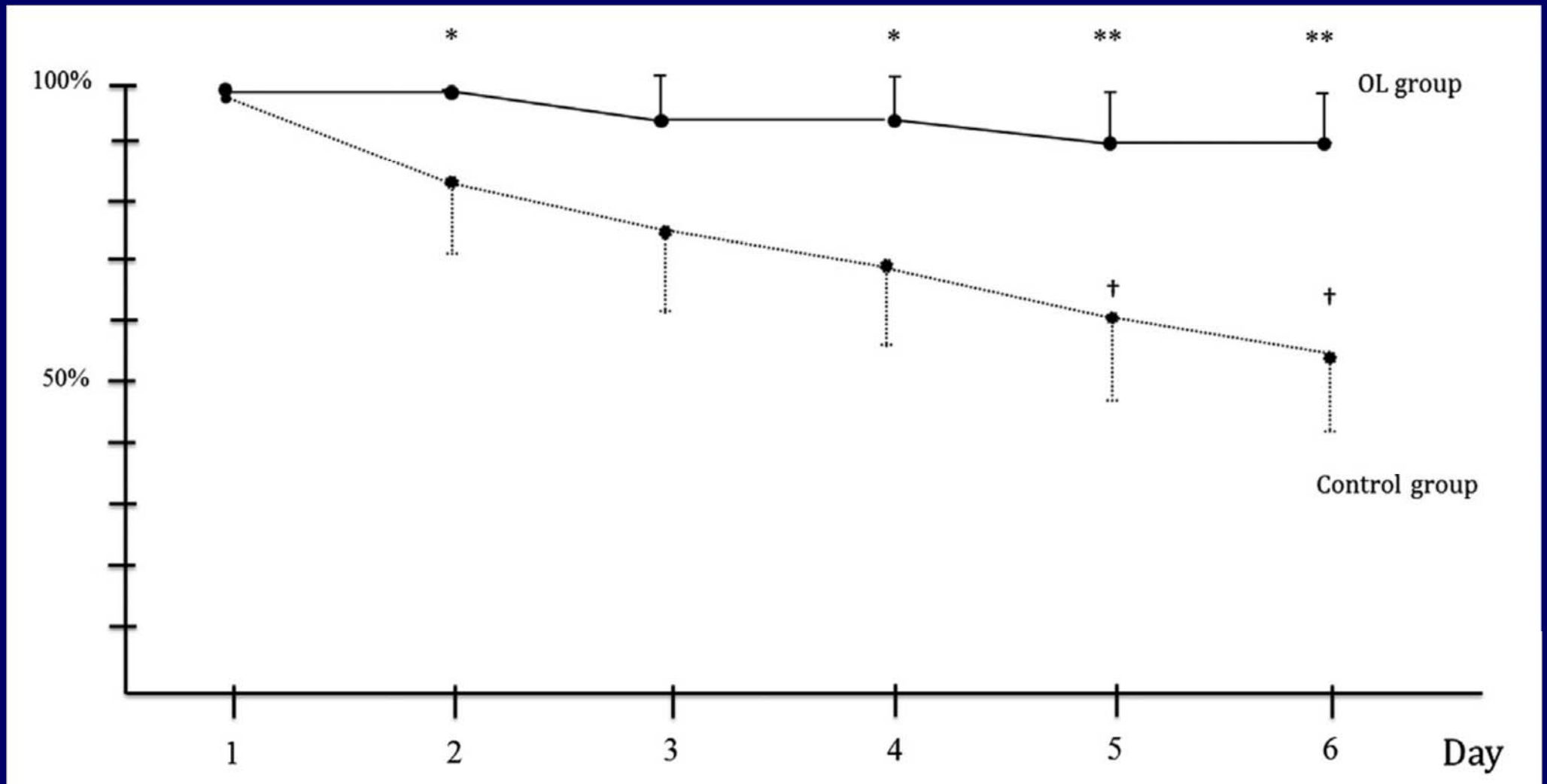
^aMedian (interquartile range): Mann-Whitney's analysis.

^bThe number of patients (%): Fisher's exact test.

^c*P* < 0.05 vs. the control group.

No serious adverse events were observed!!!

Change in dietary intake (During chemotherapy)



Compare antiemetic in HEC

Systematic review and network meta-analysis

MEDLINE and Cochrane
(last October 2017)

Key inclusion criteria

- Randomized trial
- High Emetogenic Chemotherapy (HEC)

Key exclusion criteria

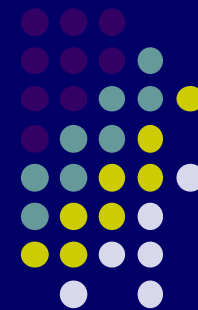
- Pediatric
- Emetic caused by Surgery and RT

- Direct comparison btw antiemetic regimen
- Multiple treatment meta-analysis and network meta-analysis

27 RCTs with 13,356 pts

- Direct compare 7 regimens
- Indirect compare 12 regimens

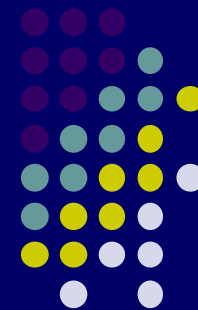
- Primary endpoint: Complete response (No emesis+no rescue medication)
- Secondary endpoint: adverse effect



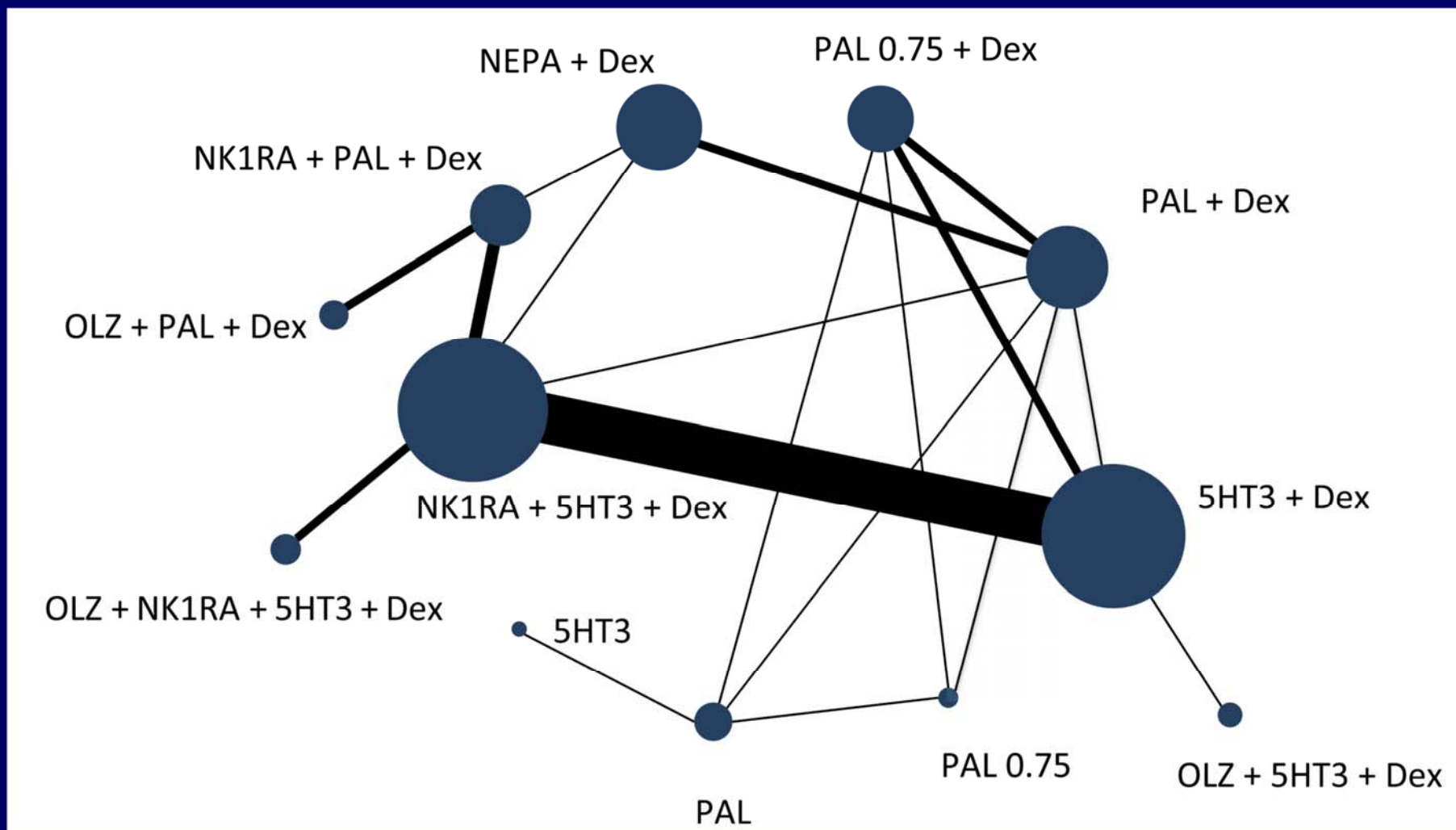
Direct comparison (CR)

Type of response	Reference	Treatment arm	Number of studies	Odds ratio [95% CI] ^a
Overall CR	5HT3 + Dex	NK1RA + 5HT3 + Dex	12	1.75 [1.58–1.94]
Overall CR	5HT3 + Dex	PAL0.75 + Dex	2	1.53 [1.25–1.87]
Overall CR	PAL + Dex	NEPA + Dex	2	1.73 [1.11–2.68]
Overall CR	PAL + Dex	PAL0.75 + Dex	2	1.01 [0.75–1.37]
Overall CR	NK1RA + 5HT3 + Dex	NK1RA + PAL + Dex	3	1.36 [1.04–1.79]
Overall CR	NK1RA + PAL + Dex	OLZ + PAL + Dex	2	1.11 [0.67–1.83]
Overall CR	NK1RA + 5HT3 + Dex	OLZ + NK1RA + 5HT3 + Dex	2	4.53 [0.69–29.68]
Acute CR	5HT3 + Dex	NK1RA + 5HT3 + Dex	10	1.85 [1.53–2.24]
Delayed CR	5HT3 + Dex	NK1RA + 5HT3 + Dex	10	1.81 [1.54–2.13]

**Complete response in triplet regimen 43.75%
compare with quadruplet regimen 67.9%**

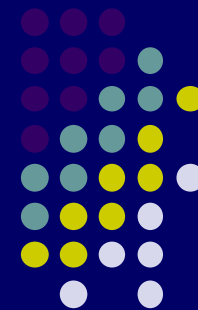


Indirect comparison (CR)

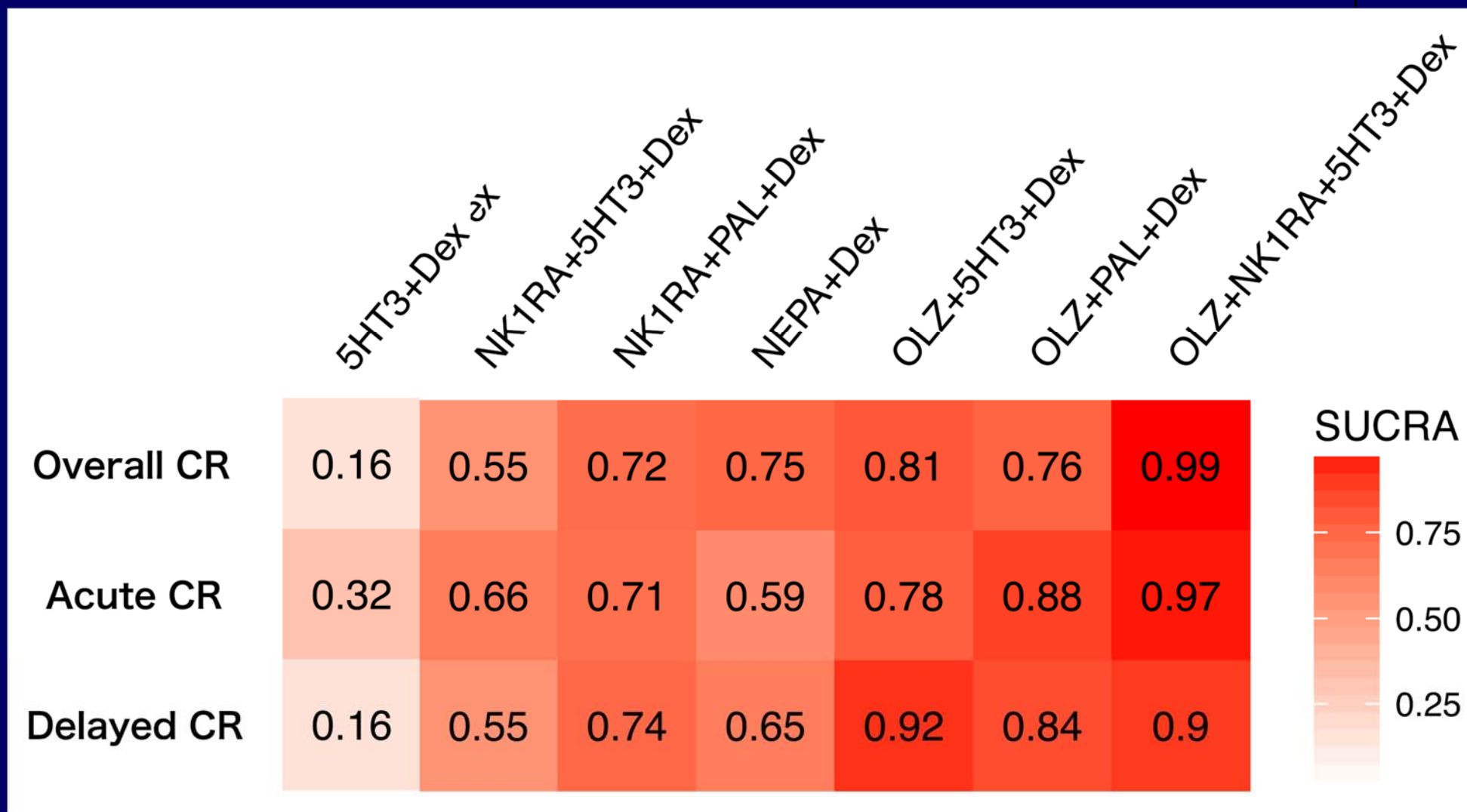


Efficacy (CR) of quadruplet regimen

Comparing regimen	Odd ratio
5HT3 + Dexa	4.88 (3.02-7.92)
5HT3	6.37 (2.31-19.08)
Palonosetron	4.26 (2.23-8.27)
PAL+Dex	3.37 (1.93-5.94)
PAL0.75	5.77 (2.71-12.02)
PAL0.75+Dex	3.22 (1.92-5.58)
NK1RA+5HT3+Dex	2.77 (1.72-4.44)
NK1RA+PAL+Dex	2.17 (1.25-3.75)
NEPA+Dex	2.07 (1.18-3.69)
OLZ+5HT3+Dex	1.76 (0.78-3.87)
OLZ+PAL+Dex	1.96 (0.93-4.34)

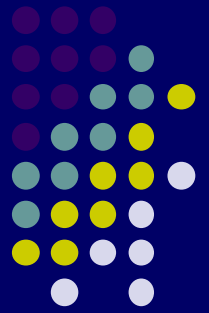


Efficacy assess by SUCRA



Summary

Quadruplet vs Triplet antiemetic



Quadruplet

- Effective control Nausea/vomiting (esp delayed)
- Improve nutrition intake
- Improve QOL

Triplet

- Adverse events
- Administration
- Drug interaction
- Drug accessibility
- Cost